



Building better futures
for children with disabilities



Everyday Skills

Therapists and specialist teachers that help you and your child to be more independent with everyday activities such as eating, toileting and sleeping.

Children are learning to be independent from a very early age as they learn to settle themselves to sleep, drink from a cup or use a potty. Children with a disability or developmental delay sometimes need more support and practice to develop these independent living skills.

At Noah's Ark, we help parents, educators and teachers understand and support the development of children's independence. Our specialists provide an individualised approach that:

- Helps us all understand the way your child learns new skills
- Teaches you approaches to use at home
- Includes careful exploration or assessment to make sure we're on the right track and have realistic expectations of your child
- Means we all work together as a team